

LUNCH WEEK 1



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL #ONE

Beef Pasta Bake And
Sweetcorn

Chicken Stir-fry & Egg
Noodles

Roast Turkey, Roast
Potatoes , Carrots

Meatballs And Spaghetti
With Mixed Vegetables

Fish Fingers, Chips, Peas &
Tartare Sauce

MAIN MEAL #TWO

Savoury Rice And
Sweetcorn

Tomato And Herb
Quiche

Quorn Cottage Pie, Roast
Potatoes , Carrots

Vegetable Chow Mein
With Mixed Vegetables

Vegetable Burger With
Chips & Peas

HANDHELD

Salad Bar

Salad Bar

Salad Bar

Salad Bar

Salad Bar

BOWLED OVER

Pasta Kitchen/ Spud
Station

Pasta Kitchen/ Spud
Station

Pasta Kitchen/ Spud
Station

Pasta Kitchen/ Spud
Station

Pasta Kitchen/ Spud
Station

DESSERTS

Apple Crumble

Iced Lemon Square

Banana Loaf

Honey & Sultana Cake

Chocolate Sponge

caterlink
feeding the imagination

**meal
Deals** £2.60

SOUPS

Come and try our
range of soups
available. Varying
daily and providing
healthy options to
you all!

ALLERGIES

PLEASE SPEAK TO OUR STAFF
MEMBERS IF YOU HAVE ANY
ALLERGIES AND NEED TO KNOW
WHAT IS WITHIN EACH OF OUR
DISHERS. THEY WILL ADVISE YOU ON
YOUR AVAILABLE FOOD CHOICES.

JACKET STATION

Jacket Potatoes
With various fillings
on offer including;
Tuna Mayonnaise,
Salad And coleslaw

Bowled Over

Pasta / rice / noodles served
daily with different toppings!

**VEGAN OPTIONS
AVAILABLE
DAILY!**

THE
UPROOTED
KITCHEN