

LUNCH WEEK 1



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL #ONE

Beef Pasta Bake And Sweetcorn

Chicken Stir-fry & Egg Noodles

Roast Turkey, Roast Potatoes, Carrots

Meatballs And Spaghetti With Mixed Vegetables

Fish Fingers, Chips, Peas & Tartare Sauce

MAIN MEAL #TWO

Savoury Rice And Sweetcorn

Tomato And Herb Quiche

Quorn Cottage Pie, Roast Potatoes, Carrots

Vegetable Chow Mein With Mixed Vegetables

Vegetable Burger With Chips & Peas

HANDHELD

Salad Bar

Salad Bar

Salad Bar

Salad Bar

Salad Bar

BOWLED OVER

Pasta Kitchen/ Spud Station

Pasta Kitchen/ Spud Station

Pasta Kitchen/ Spud Station

Pasta Kitchen/ Spud Station

Pasta Kitchen/ Spud Station

DESSERTS

Apple Crumble

Iced Lemon Square

Banana Loaf

Honey & Sultana Cake

Chocolate Sponge

caterlink
feeding the imagination

SOUPS

Come and try our range of soups available. Varying daily and providing healthy options to you all!

ALLERGIES

PLEASE SPEAK TO OUR STAFF MEMBERS IF YOU HAVE ANY ALLERGIES AND NEED TO KNOW WHAT IS WITHIN EACH OF OUR DISHES. THEY WILL ADVISE YOU ON YOUR AVAILABLE FOOD CHOICES.

JACKET STATION

Jacket Potatoes With various fillings on offer including; Tuna Mayonnaise, Salad And coleslaw

Bowled Over

Pasta / rice / noodles served daily with different toppings!

meal Deals £2.55

VEGAN OPTIONS AVAILABLE DAILY!

THE UPROOTED KITCHEN