This Week's Menu

JCoSS Menu - Week 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meal Deal	Beef Bolognaise with Spaghetti OR Vegetable Chilli (v) WITH Sweetcorn AND Steamed Chocolate Sponge OR A Piece of Fruit	Turkey and Vegetable Pie OR Shepherdess Pie (v) WITH Green Beans AND Citrus Apple Pie & Parev Custard OR A Piece Of Fruit	Roast Beef Or Lentil & Sweet Potato Curry (v) WITH Steamed Rice or Roast Potatoes and Carrots AND Jam Tart Or A piece of Fruit	Chicken Shawarma OR Vegetable Lasagna(v) WITH Steamed Rice, Mixed Veg AND Syrup sponge OR A Piece Of Fruit	Fish Goujons & Tartar Sauce OR Falafel In Pita Bread (v) WITH Chips & Peas AND Crunchy Plum & Vanilla Crumble OR A Piece Of Fruit
Soups	Warming Soup of the Day served with a Selection of Breads				
Chef's Kitchen	Beef Bolognaise *** Vegetable Chilli (v)	Turkey Casserole *** Shepherdess Pie (v)	Roast Beef *** Lentil & Sweet Potato Curry (v)	Chicken Shawarma *** Vegetable Lasagna (v)	Fish Goujons *** Falafel in Pita Bread (v)
The Sides	Sweetcorn	Green Beans	Steamed Rice, Roast Potatoes and carrots	Steamed Rice and Mixed Veg	Chips, Peas & Onion Rings
Family "Faves"	Steamed Chocolate Sponge	Citrus Apple Pie & Parev Custard	Jam Tart	Syrup Sponge	Crunchy Plum & Vanilla Crumble
Noodles & Pasta	A selection of Pasta or Noodles topped with your favorite sauce				
"Spud" Station	Pick your "Spud" and a topping or two of your choice				
Grab & Go	Check our range of: Sandwiches, Bagels & Rolls				



























