**Health and Social Care**

It is important that you understand the context of Health and Social Care to be able to properly access the content on the course as a whole. Below, I have provided you with a selection of TV series and documentaries that demonstrate the different roles and settings in health and social care. Take a look at a few different shows.

|  |  |
| --- | --- |
| **BBC iPlayer** | **All 4** |
| [Rhod Gilbert's Work Experience](https://www.bbc.co.uk/iplayer/episode/m000hqvk/rhod-gilberts-work-experience-series-9-1-care-worker)[Critical - Inside Intensive Care](https://www.bbc.co.uk/iplayer/episode/m000h64q/critical-inside-intensive-care-series-1-episode-1)[Inside Autism](https://www.bbc.co.uk/iplayer/episode/m000gzlc/inside-autism-a-tiny-bit-of-magic)[Island Medics](https://www.bbc.co.uk/iplayer/episode/m000hd26/island-medics-series-3-cutdowns-episode-1) [Matron, Medicine and Me](https://www.bbc.co.uk/iplayer/episode/b0bbplbl/matron-medicine-and-me-series-2-1-fern-britton)[Paramedics on the scene](https://www.bbc.co.uk/iplayer/episodes/m00091s7/paramedics-on-scene)[Saving lives at sea](https://www.bbc.co.uk/iplayer/episode/m000fzw1/ad/saving-lives-at-sea-series-4-episode-10)[Trust me, I'm a Doctor](https://www.bbc.co.uk/iplayer/episode/m000d2cn/trust-me-im-a-doctor-series-9-episode-1)[Jesy Nelson - Odd One Out](https://www.bbc.co.uk/iplayer/episode/p07lsr4d/jesy-nelson-odd-one-out)[Gareth Thomas - HIV and Me](https://www.bbc.co.uk/iplayer/episode/m0008yrh/gareth-thomas-hiv-and-me) | [24 hours in A&E](https://www.channel4.com/programmes/24-hours-in-ae)[999: On the front line](https://www.channel4.com/programmes/999-on-the-front-line)[999: What’s your emergency?](https://www.channel4.com/programmes/999-whats-your-emergency)[Emergency helicopter medics](https://www.channel4.com/programmes/emergency-helicopter-medics)[One born every minute](https://www.channel4.com/programmes/one-born-every-minute) |

**Unit 2 – Equality, Diversity and Rights in Health and Social Care**

The first unit you will be studying with Mr Abram is Unit 2 – Equality, diversity and rights in health and social care. Before starting the unit, it is important that you understand some of the complex issues related to this unit. You will see below a list of TV series, documentaries, films and other resources. Please take a look at the ones that appeal to you.

[How to break into the elite](https://www.bbc.co.uk/iplayer/episode/m000772n/how-to-break-into-the-elite)

[Becoming a trans man](https://www.bbc.co.uk/iplayer/episode/p0559vr5/leo-becoming-a-trans-man)

[Olly Alexander - Growing up gay](https://www.bbc.co.uk/iplayer/episode/p057nfy7/olly-alexander-growing-up-gay)

[Queer Britain](https://www.bbc.co.uk/iplayer/episode/p052q803/queer-britain-series-1-6-queer-and-proud)

[Shame in the game - Racism in football](https://www.bbc.co.uk/iplayer/episode/p081mk0x/shame-in-the-game-racism-in-football)

[The LGBT debate in schools](https://www.bbc.co.uk/iplayer/episode/m0006w9l/panorama-sex-education-the-lgbt-debate-in-schools)

[What makes a women](https://www.channel4.com/programmes/what-makes-a-woman)

[Made in Dagenham](https://youtu.be/UHvz5kBkD0U)

[The Children Act](https://youtu.be/kKQkUcJioxU)

[Small Great Things](https://www.jodipicoult.com/small-great-things.html)

Terminology

Write a definition for each of the following terms.

|  |  |
| --- | --- |
| Equality |  |
| Diversity |  |
| Rights |  |
| Values of care |  |
| Discrimination |  |
| Stereotyping |  |
| Labelling |  |
| Prejudice |  |
| Bullying |  |
| Legislation |  |
| Non-Judgemental |  |
| Professional development |  |
| Beliefs |  |
| Values |  |
| Monitoring |  |
| Abuse |  |
| Empowerment  |  |
| Independence |  |
| Performance management |  |
| Paramount |  |
| Racism  |  |
| Sexism |  |
| Homophobia |  |
| Advocacy |  |
| Self-Esteem |  |

Benefits of diversity

Complete the diagram with your ideas of ways in which diversity can have positive benefits to society. For each benefit give a few examples.

Social cohesion

Cultural enrichment

Tolerance

Food

Language

The Arts

Education

**Social and cultural benefits**

The rights of each individual and group are upheld

All members of a community feeling valued and respected

Stretch

What are the economic benefits of diversity?