# This Week's Menu

# JCoSS Menu - Week 1

caterlink
feeding the imagination

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|---|
| Meal Deal | Beef Bolognaise with Spaghetti<br>OR<br>Vegetable Risotto (v)<br>WITH<br>Garden Peas or Cauliflower<br>AND<br>Apple Crumble<br>OR<br>A Piece of Fruit | Chicken Stir-fry with Noodle's<br>OR<br>Mushroom & Leek Quiche (v)<br>WITH<br>Sweetcorn or Green Beans<br>AND<br>Iced Lemon Squares<br>OR<br>A Piece of Fruit | Roast Turkey<br>OR<br>Vegetable Pasty (v)<br>WITH<br>Roast Potatoes, Carrots or Peas<br>AND<br>Banana Loaf<br>OR<br>A Piece Of Fruit | Beef Sausage & Mash with Onion Gravy<br>OR<br>Mixed Bean Cassoulet (v)<br>WITH<br>Mashed Potato & Mixed Vegetables<br>AND<br>Honey & Sultana Cake<br>OR<br>A Piece Of Fruit | Fish of the Day<br>OR<br>Vegetable Burger in a bun served with onions (v)<br>WITH<br>Braised Cabbage or Potato Wedges<br>AND<br>Chocolate Sponge<br>OR<br>A Piece Of Fruit |
| Soups | Warming Soup of the day served with a selection of Breads | | | | |
| Chefs Kitchen | Beef Bolognaise with Spaghetti<br>***<br>Vegetable Risotto (v) | Chicken Stir-fry<br>***<br>Mushroom & Leek Quiche (v) | Roast Turkey<br>***<br>Vegetable Pasty (v) | Beef Sausage & Mash with Onion Gravy<br>***<br>Mixed Bean Cassoulet(v) | Fish of the Day<br>***<br>Vegetable Burger in a bun served with onions (v) |
| The Sides | Spaghetti, Garden Peas or Cauliflower | Sweetcorn or Green Beans | Roast Potatoes, Carrots or Peas | Mashed Potato and Mixed Vegetables | Braised Cabbage, or Potato Wedges |
| Family "Favs" | Apple Crumble | Iced Lemon Squares | Banana Loaf | Honey & Sultana cake | Chocolate Sponge |
| Noodles & Pasta | A selection of Pasta or Noodles topped with your favorite sauce | | | | |
| Salads | A Healthy variety of Salads and dressings | | | | |
| "Spud" Station | Pick your "Spud" and a topping or two of your choice | | | | |
| Grab & Go | Check our range of: Sandwiches, Baguettes and Rolls | | | | |